

Mountain Valley Conference 2010 Skiing Championships

Day 1 Date: Thursday, February 4th, 2010 Location: Saddleback Mountain

Schedule of Events GIANT SLALOM/ CLASSIC

7:30-8:00 Alpine GIANT SLALOM registration at race headquarters: bibs, fees, running orders
8:15 Alpine Coaches and officials meeting in Main Lodge Conference Room (2nd floor)
Lift opens for athletes
Gate Keepers meeting in Main Lodge upstairs (**each school provides 1 gate keeper**) 8:30-9:30 Course Inspection

9:30 Course Closed

9:45 Start of WOMEN'S GIANT SLALOM Race – 2 runs, (one course adjustment after WOMEN)

11:00 Start of MEN'S Alpine GIANT SLALOM

12:00-1:00 Nordic FREESTYLE registration at Rangeley Lakes Trail Center; bibs, fees, running order

12:00 Nordic coaches and officials meeting at Main Lodge Conference Room

2:00 Nordic 5K CLASSIC WOMEN'S START

3:00 Nordic 5K CLASSIC MEN'S START

Fees: Alpine: \$15.00/athlete Nordic: \$9.00/athlete Make alpine checks payable to **SADDLEBACK** and Nordic checks payable to **Rangeley Lakes Trail Center**

Bibs: Bibs are provided by SADDLEBACK

No racer is allowed on the race course or hill without bib visible.

Tickets: All Athletes, coaches, race staff, volunteers, spectators must have ticket to ride lift or ski on trails.

Run Order: 8-athlete teams (8 men and 8 women maximum per event, plus athletes that are competing for skimeister and are not part of team). Please list skimeisters separately. Send running orders for Alpine and Nordic to Saddleback Mountain at race@saddlebackmaine.com (Jeff Hawksley: and natsteele@emlot.net 670-8010) by 6 pm on Monday, February 1st. Please include number of non-participating athletes requiring tickets **Note: Because of the lower number of skiers racing, schools may enter all their nordic racers, but must declare which 8 will be members of their scoring team. Those 8 racers must be their first 8 seeds.**

Volunteers: Schools must provide 1 Gate Keeper/Course Workers each for the Giant Slalom event. If schools cannot supply a worker, they must notify John Bernard (357-8681) by Monday, Feb. 1st at noon, and pay a \$50 fee so a replacement worker can be scheduled. Skiing volunteers will be issued a Lift Pass as needed.

Passes: Maximum of 3 coach Lift Passes will be issued per team. All non-participating athletes will be required to purchase a lift/trail ticket \$15/ Alpine or \$9/Nordic).